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Spa Services

Body Treatments

Body treatments are essentially a “facial” for your whole body. It is just as important to cleanse, exfoliate, and hydrate the skin on your body as it is the skin of your face. Body Exfoliants and Scrubs provide a very effective method of eliminating dead skin cells, making your skin feel smoother by exposing the new skin cells beneath.

After your treatment, enjoy a complimentary session in our steam shower. The soothing warmth opens the pores, which lifts out some impurities of everyday living. Soft, supple and healthy skin minus the use of harsh chemicals is the conclusion. Steam showers are great for promoting good health, a better night's sleep, and relaxed muscles. Allergy sufferers often turn to daily steam therapy as steam inhalation supports the respiratory system and may help to alleviate sinus afflictions. The steam shower generates heat, which in turn helps aching muscles to relax; widening the blood vessels, allowing more oxygen to flow through them and in turn releasing tension. Many users feel that the heat generated by steam causes the whole body to slip into a state of inner sanctum rendering steam baths perfect for those who suffer from arthritis or consistent muscle pain.

Services	Description	Reg	VIP
Back Facial	This relaxing back facial begins with a deep cleansing of the back to remove excess oil and debris, followed by an exfoliation using Hydro-Active Mineral Salts to polish away dullness and extractions are performed if necessary. Lastly a stress or toxic relieving treatment with essential oils and a customized masque will leave you relaxed and your skin glowing.	75	70
Glycolic Skin Peel Application (entire back)	This application is alternated with the Glycolic Skin Peel Back Facial every second week. *Week 1: Glycolic Back Facial Week 3: Peel only Week 5: Glycolic Back Facial (and so on)	70	50
Hydro-Active Mineral Salt Body Scrub	Mineral –rich sea salt, dried seaweed and fruit enzymes combine to smooth and silken the entire body. Includes dry body brushing, friction massage and gentle cloth buffing. Customized with hydroxy acids or a botanical detox complex. *Added within any body wrap \$30	59	49
Moor Mud Body Wrap	Detoxifies the body and helps to mobilize toxins stored in fat so they can be eliminated from the body naturally. Helps in healing of skin problems, treats back acne, tones and tightens the skin, helps to reduce cellulites, improves circulation, and alleviates muscle pain.	70	59
Body Therapy Hydro-Pack	An ultra-soothing, hydrating treatment personalized with aromatherapy oils, oceanic algae or hydroxy acids. A pure, natural aloe-based pack is swaddled in thermal wrap to infuse the skin with moisture.	75	65